

# Mountain Mist Acupuncture

www.mountainmist.me

Phone: (828) 263-4132

Fax: (828) 475-5111

**Name:** \_\_\_\_\_ **Referred by:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone (1):** \_\_\_\_\_ **(2):** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_ **Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_

Please fill out the following medical history questions as accurately as you can

**What is your primary health concern:** \_\_\_\_\_  
\_\_\_\_\_

**What is the diagnosis (if any) by an MD:** \_\_\_\_\_  
\_\_\_\_\_

**Birth history** (any medical procedures or medications?) \_\_\_\_\_  
\_\_\_\_\_

**Vaccination history** (any reactions to vaccines? Unusual vaccinations?) \_\_\_\_\_  
\_\_\_\_\_

**Childhood Illnesses** (0-12) any surgeries, accidents, major events? Please list in chronological order

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

**Adolescence Illnesses** (12-18) any surgeries, accidents, major events? Please list in chronological order

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

**Adulthood Illnesses** surgeries, accidents, major events? List in chronological order and indicate duration

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

Age: \_\_\_\_\_

**Family History:** Please note all major illnesses in your immediate family (parents, grandparents), e.g., diabetes, heart disease, hypertension, neurological, blood, psychological, or orthopedic disorders, etc.

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**Are you taking any medications or supplements?** Please note any medications even if you are taking them only occasionally. Also include medications taken in the past. (This includes birth control.)

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**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_